



Zonta International District 4

Advancing the Status of Women Worldwide



SPOTLIGHT

ON DISTRICT 4 CLUB NEWSLETTERS

WINTER 2009

Great idea for your club program:

From St. Catharines –

What's My Line Program*

“Everything You Want to Know About Zonta but Were Afraid to Ask”

Members are invited to dress casual, enjoy a libation and prepare for an evening of merriment!

Zonta reaches out to the community:

From the Brampton- Caledon Zonta Tree

Hands on Project – Lay Health Educators Project 2005 to 2009

As part of the Lay Health Educator Breast Screening Program (LHEBSP), trained women from the South Asian community have delivered breast health and screening workshops across the Region of Peel in five languages (English, Urdu, Hindi, Tamil, and Punjabi). The Region of Peel, Public Health has offered 47 free Breast Health Workshops to over 600 South Asian women.

More than 30 community groups, agencies, and places of worship have been involved in the implementation of the program. The LHEBSP, a Canadian Breast Cancer Foundation (CBCF) funded initiative, strives to educate women about breast cancer and assist them in booking breast screening appointments at Ontario Breast Screening Program (OBSP) affiliated sites. The program has referred over 50 women for mammography screening at OBSP affiliate sites.

Currently, the program is being evaluated and results from the project will be shared when available (estimated date: Spring 2009). The grant from the CBCF is concluded and the program is uncertain at this time. In 2009, The Advisory Committee will be involved in planning how to share the results with the community and stakeholders.

Our Zontians are the best:

From Washington County



The Zonta Club of Washington County was proud to present the Service Award from our club to **Lisa Pendergast** for her service to Zonta and her church and community. Lisa is the mother of two young children and very active at Trinity North Elementary School. Lisa never misses an opportunity to tell ladies about Zonta and has increased our membership. **Congratulations Lisa for a job well done!!!!**

From 3 Rivers, Pittsburgh North

ZONTA CELEBRATES NEW MEMBER

WE WISH A WARM WELCOME TO NEW ZONTA MEMBER, **DONNA BILLINGS**, Owner of Reach for the Top, Leadership Coaching and Development

INDUCTED AT THE DECEMBER MEETING:





Brilliant Thoughts:

Thanks to Kitchener Waterloo

Zonta Quote of the Month

" Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world."

~ Harriet Tubman

From Geneva:

HERE'S TO THE WOMAN

...who knows where she's going
and will keep on until she gets there;
who knows not only what she wants from life
but what she has to offer in return...

HERE'S TO THE WOMAN

who is loyal to family and friends,
who expects no more from others
than she is willing to give;

HERE'S TO THE WOMAN

who guides and inspires
not by quoting others' philosophies
but by living her own good
example;
who accepts both victories and disappointments
with the same grace,
and who can rise above life's challenges
and move on...

HERE'S TO THE WOMAN

who gives the gifts of her thoughtfulness,
who shows her caring with a word of support,
her understanding with a smile;
a woman who brings joy to others
just by being herself...

—*Author Unknown*

International Women's Day Events

(from the Hamilton 1 newsletter)



March 4th

Zonta Club of Kitchener-Waterloo

International Women's Day (IWD) event with Victor Malarek 1997 Gemini Award winner as Canada's top broadcasting journalist, well known current investigative journalist for W-FIVE and author of *The Natashas: The New Global Sex Trade*

March 5th

Zonta Club of Woodstock

International Women's Day (IWD) Annual Breakfast
Featuring guest speaker Dr. Anne-Marie Zadjlik
Founder/Director of Masai Center HIV Clinic, Guelph

March 5th

Zonta Club of Oakville

IWD event with Speaker Donna Kennedy-Glans LLB
"Peeling The Gender Onion"

March 6th

Zonta Club of Stratford

IWD Breakfast Guest speaker, Ruth Jacobs, Consultant MEDA Afghanistan
Celebrating IWD and the impact of microfinance in Afghanistan

March 8th

Zonta Club of Hamilton II

IWD event with speaker Michelle Gebhart: Bridging
Communities Needs Everyone to Succeed –
A Personal Story

April 1st

Zonta Club of Mississauga

'Women Affecting Change' with guest speakers: Elizabeth May - Environmentalist, Writer, Activist, Lawyer, Leader of the Green Party of Canada and Gill Deacon, Award winning Broadcaster, best selling author, environmental advocate.

